
ALABAMA

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 2a. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	14.4	5.5	9.2	3.6	12.0	4.1
Black [§]	18.7	4.3	7.6	4.6	13.0	3.4
Hispanic	— [¶]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	15.0	6.0	5.6	3.1	10.5	4.5
8	15.9	5.1	10.1	3.5	13.1	2.8
Total	15.7	3.9	8.8	2.6	12.3	2.9
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	37.5	6.3	46.4	5.5	41.7	5.0
Black	53.5	10.5	49.2	9.2	51.1	8.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	41.4	6.8	42.6	7.6	41.9	5.9
8	44.6	6.9	51.9	6.5	48.1	4.9
Total	43.2	4.7	47.9	4.6	45.4	3.8

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 3a. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	88.7	5.3	85.1	6.8	87.2	4.8
Black [†]	95.6	2.8	95.2	2.9	95.4	2.1
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	87.1	5.5	88.7	4.9	87.9	3.7
8	95.5	3.4	90.1	5.5	93.2	3.3
Total	91.0	4.2	89.5	3.8	90.4	3.0
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	86.2	5.7	88.3	6.1	87.1	4.9
Black	—	—	—	—	89.9	4.8
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	82.3	7.6	88.7	5.7	85.1	5.9
8	88.8	6.8	93.3	5.1	91.0	4.0
Total	85.3	5.5	91.2	4.5	88.0	4.2

*Among the 74.6% of students who had ridden a bicycle.

†Among the 47.5% of students who had used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4a. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]	65.2	7.0	20.0	4.7	43.8	5.6
Black [¶]	42.2	9.2	15.4	3.1	28.4	5.1
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	54.0	8.3	18.4	3.8	36.9	6.4
8	60.4	6.7	17.0	6.1	39.2	5.3
Total	57.2	6.3	18.4	3.1	38.3	4.6
Were in a physical fight						
Race/Ethnicity						
White	71.7	5.3	41.3	7.3	57.4	5.3
Black	81.3	5.7	58.4	9.3	69.6	5.7
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	72.8	4.6	43.0	7.6	58.6	4.3
8	77.3	5.0	51.6	6.0	64.9	4.4
Total	75.1	3.5	47.8	5.6	61.9	3.6
Were hurt in a physical fight						
Race/Ethnicity						
White	7.9	1.7	5.8	2.5	6.9	1.5
Black	7.5	3.6	5.8	3.9	6.7	3.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	8.8	2.2	5.5	3.3	7.2	2.6
8	6.5	2.9	4.7	3.4	5.7	2.2
Total	7.7	1.6	6.0	1.9	6.9	1.3

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 5a. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White [†]	16.3	5.6	27.6	5.9	21.6	4.0
Black [†]	12.5	6.8	23.5	4.5	18.0	3.4
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	13.4	6.3	22.0	4.1	17.5	4.0
8	17.1	6.3	30.0	5.6	23.3	4.1
Total	15.2	4.9	26.3	4.2	20.6	3.1
Made a plan about how to kill themselves						
Race/Ethnicity						
White	10.8	3.2	18.1	5.1	14.2	2.7
Black	6.0	3.9	17.3	4.6	11.7	3.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	9.7	4.2	14.8	4.1	12.1	2.8
8	7.9	3.2	20.6	5.7	14.0	3.4
Total	9.0	2.2	18.1	3.8	13.4	2.2
Tried to kill themselves						
Race/Ethnicity						
White	6.5	3.2	12.2	5.0	9.2	3.3
Black	8.2	4.1	12.7	5.4	10.4	4.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	7.7	3.2	10.2	2.2	8.9	2.3
8	6.3	2.8	14.4	6.2	10.2	3.9
Total	7.0	2.4	12.7	3.7	9.7	2.5

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

Table 6a. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	51.7	5.6	54.0	9.8	52.8	6.5
Black [§]	56.6	9.1	54.0	9.1	55.1	5.8
Hispanic	— [¶]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	52.2	6.2	49.7	6.7	50.9	5.0
8	54.5	8.7	57.1	9.4	55.8	6.9
Total	53.6	5.6	53.9	7.6	53.7	5.1
Lifetime daily cigarette use^{**}						
Race/Ethnicity						
White	13.4	3.8	12.6	4.6	13.0	3.4
Black	7.3	3.0	5.4	3.5	6.3	2.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	12.2	3.4	6.5	2.9	9.4	2.1
8	10.3	4.2	11.3	4.7	10.8	3.3
Total	11.4	2.4	9.7	3.4	10.6	2.4

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.[§]Non-Hispanic.[¶]Not available.^{**}Ever smoked at least one cigarette every day for 30 days.

Table 7a. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	20.5	5.9	22.2	5.9	21.3	5.0
Black [§]	17.1	7.3	13.2	4.3	15.1	4.5
Hispanic	— [¶]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	19.3	5.4	15.8	4.6	17.6	4.0
8	19.1	6.1	19.6	5.5	19.4	4.8
Total	19.4	4.7	18.3	4.6	18.9	3.9
Current frequent cigarette use^{**}						
Race/Ethnicity						
White	7.3	2.7	7.6	3.4	7.4	2.2
Black	3.4	2.8	1.4	2.0	2.4	1.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	5.7	2.4	3.0	1.8	4.4	1.5
8	6.0	2.9	6.4	3.1	6.2	2.1
Total	5.8	1.8	5.1	2.5	5.5	1.5

*95% confidence interval.

[†]Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.[§]Non-Hispanic.[¶]Not available.^{**}Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8a. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,† and Used Any Tobacco Product,§ by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	21.7	6.2	2.8	1.8	12.8	3.2
Black**	2.0	1.9	2.5	2.0	2.3	1.2
Hispanic	— ^{††}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	15.3	4.8	2.6	1.8	9.2	3.0
8	13.8	5.7	2.4	1.6	8.3	3.1
Total	14.8	4.5	2.8	1.2	9.0	2.5
Current cigar use						
Race/Ethnicity						
White	11.7	5.1	5.8	2.8	8.9	3.4
Black	11.1	4.7	8.7	5.0	10.0	3.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	8.5	4.4	5.2	3.1	7.0	3.0
8	14.8	3.6	7.6	3.0	11.3	2.7
Total	11.7	3.6	7.0	2.5	9.4	2.8
Current tobacco use						
Race/Ethnicity						
White	31.4	6.3	23.4	6.3	27.6	5.5
Black	18.7	7.0	17.0	4.9	17.8	4.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	26.8	4.9	18.2	4.6	22.6	4.3
8	27.0	5.7	21.8	6.2	24.5	5.1
Total	27.2	4.3	20.5	4.8	23.9	4.2

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.§Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 9a. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	49.1	5.4	46.9	8.2	48.0	5.6
Black [¶]	56.2	8.7	51.4	8.3	53.5	7.1
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	48.9	6.6	42.9	7.2	46.0	5.6
8	53.9	7.0	53.7	7.5	53.8	6.0
Total	51.6	4.5	48.6	6.2	50.1	4.4
Lifetime marijuana use						
Race/Ethnicity						
White	16.9	4.2	13.6	5.1	15.3	4.0
Black	18.5	6.7	13.2	5.7	15.7	4.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	14.2	4.4	9.3	3.6	11.8	3.7
8	20.9	5.7	16.8	6.2	18.9	5.0
Total	17.3	3.6	13.8	4.1	15.6	3.3
Lifetime cocaine use						
Race/Ethnicity						
White	5.0	2.0	7.6	3.4	6.3	2.2
Black	2.0	2.5	2.5	2.0	2.2	2.0
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	4.5	1.9	2.6	1.6	3.6	1.3
8	4.4	2.4	7.8	4.5	6.1	2.9
Total	4.4	1.3	5.7	2.3	5.0	1.4

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 10a. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	16.6	4.2	18.9	5.3	17.7	2.8
Black [§]	6.5	4.0	9.6	5.0	8.2	3.6
Hispanic	— [¶]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	11.8	3.4	13.0	5.8	12.5	3.2
8	14.1	5.4	17.6	6.4	15.8	3.7
Total	13.2	3.3	15.5	4.2	14.3	2.4
Lifetime steroid use						
Race/Ethnicity						
White	5.2	2.4	4.0	2.1	4.6	1.5
Black	4.4	3.4	3.4	3.0	3.9	2.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	5.8	3.1	3.0	2.0	4.5	2.1
8	4.4	2.3	4.4	3.1	4.4	1.9
Total	5.1	1.8	3.9	1.7	4.5	1.2

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 11a. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	18.4	3.9	14.0	4.2	16.3	3.3
Black†	14.1	7.0	11.9	4.9	12.9	4.6
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	20.0	5.0	11.7	3.2	15.9	3.0
8	12.9	4.4	13.7	5.2	13.3	3.9
Total	16.9	3.5	13.2	3.0	15.1	2.4
Had first drink of alcohol before age 11 years†						
Race/Ethnicity						
White	23.4	5.1	14.1	4.7	19.0	4.1
Black	26.8	7.5	19.8	6.9	23.0	5.7
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	24.6	4.2	17.3	5.6	21.0	3.9
8	23.9	5.5	14.4	5.3	19.1	4.9
Total	24.5	3.7	16.5	4.1	20.5	3.2
Tried marijuana before age 11 years						
Race/Ethnicity						
White	2.1	1.5	1.0	0.9	1.6	0.9
Black	4.6	4.2	1.9	1.6	3.2	2.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	4.4	2.8	1.9	1.3	3.2	1.3
8	1.9	1.5	0.8	1.0	1.3	0.9
Total	3.1	1.7	1.5	0.9	2.3	1.0

*95% confidence interval.

†Non-Hispanic.

§Not available.

¶Other than a few sips.

Table 12a. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ever had sexual intercourse						
Race/Ethnicity						
White [†]	27.3	4.6	18.9	4.9	23.2	4.2
Black [†]	53.8	9.2	32.4	8.4	42.8	8.1
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	36.5	8.0	21.6	6.4	29.3	6.3
8	36.8	7.4	25.5	6.6	31.2	6.3
Total	36.8	5.0	24.3	3.6	30.6	3.5
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	7.6	2.5	2.8	2.1	5.2	1.5
Black	19.8	6.7	3.6	2.9	11.5	3.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	15.1	3.9	3.8	3.1	9.6	2.0
8	8.9	4.9	2.1	1.6	5.5	2.2
Total	12.1	3.6	3.4	2.0	7.8	1.8
Had ≥ 3 sex partners						
Race/Ethnicity						
White	11.5	3.2	7.6	4.1	9.6	3.2
Black	27.9	8.6	10.8	5.0	19.3	4.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	19.5	7.1	6.5	3.3	13.2	4.3
8	15.0	4.7	10.9	5.3	13.0	4.6
Total	17.3	3.7	9.3	3.4	13.3	2.4

*95% confidence interval.

[†]Non-Hispanic.[§]Not available.

Table 13a. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	69.0	6.4
Black [§]	—	—	—	—	77.8	7.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	68.3	8.1	—	—	69.4	7.9
8	—	—	—	—	77.6	7.5
Total	75.5	6.2	70.6	8.4	73.6	4.7
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	82.9	5.7	79.0	7.8	81.1	6.5
Black	81.9	7.3	82.9	5.9	82.4	4.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	78.1	9.3	72.5	8.0	75.4	8.1
8	87.3	4.3	90.1	3.8	88.7	3.0
Total	82.6	5.4	80.6	5.0	81.6	4.7

*Among 30.6% of students who ever had sexual intercourse.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Not available.

Table 14a. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched ≥ 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	79.8	3.2	79.2	5.7	79.6	3.1
Black**	70.9	8.0	60.7	6.5	65.4	5.7
Hispanic	— ^{††}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	69.4	4.0	70.0	9.0	69.5	4.9
8	83.8	6.0	74.6	7.3	79.3	5.0
Total	76.4	4.2	72.1	5.5	74.1	3.7
Played on any sports teams						
Race/Ethnicity						
White	61.4	5.6	59.8	4.7	60.7	4.0
Black	67.0	8.7	45.4	11.1	55.8	8.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	62.3	5.0	53.3	7.0	58.0	3.7
8	64.3	6.4	55.0	6.9	59.7	5.3
Total	63.4	3.7	53.8	6.5	58.7	4.1
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	44.8	4.7	42.7	4.9	43.8	3.7
Black	71.6	9.5	78.3	5.1	74.8	4.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	49.7	6.0	55.1	8.1	52.1	6.0
8	57.2	9.5	57.3	8.8	57.3	7.9
Total	53.5	5.4	56.2	5.9	54.7	4.8

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 15a. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,[†] by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [¶]	92.8	3.1	90.3	6.7	91.6	4.4
Black [†]	88.7	4.1	89.3	7.0	88.6	4.6
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	92.7	3.7	89.3	8.3	90.8	5.8
8	89.0	3.6	91.4	5.1	90.1	3.9
Total	90.9	2.6	89.7	5.7	90.2	4.0
Attended PE class daily						
Race/Ethnicity						
White	85.7	4.6	82.1	7.4	84.0	5.1
Black	67.6	13.7	66.3	15.4	66.7	14.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	78.4	10.8	77.0	11.7	77.5	10.6
8	79.4	6.3	75.5	10.0	77.5	7.5
Total	79.0	7.6	75.6	9.9	77.2	8.4

*On one or more days in an average week when they were in school.

[†]5 days in an average week when they were in school.

[§]95% confidence interval.

[¶]Non-Hispanic.

^{**}Not available.

Table 16a. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,[†] by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [¶]	17.8	4.8	15.3	4.8	16.7	2.5
Black [†]	27.2	7.0	19.3	5.2	23.3	4.1
Hispanic	— ^{**}	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	18.6	5.3	21.3	6.1	19.9	2.6
8	22.8	5.9	12.1	4.7	17.7	4.0
Total	20.6	4.3	16.5	3.5	18.7	2.1
Overweight						
Race/Ethnicity						
White	17.6	3.1	9.2	4.0	13.7	2.3
Black	16.6	6.2	17.9	5.5	17.2	3.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	16.9	4.3	12.8	3.8	15.0	3.0
8	17.9	4.6	12.1	5.6	15.2	3.2
Total	17.4	3.0	12.3	3.7	15.0	2.1

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.[†]Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.[§]95% confidence interval.[¶]Non-Hispanic.^{**}Not available.

Table 17a. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White†	25.2	3.6	36.5	7.0	30.5	3.3
Black†	18.8	6.8	23.3	6.9	21.0	4.8
Hispanic	—§	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	20.7	4.0	32.3	7.6	26.2	4.3
8	24.2	7.2	30.0	6.9	27.0	4.3
Total	22.5	3.5	31.4	5.3	26.8	2.6
Were trying to lose weight						
Race/Ethnicity						
White	33.0	3.2	63.2	5.4	47.3	3.5
Black	41.0	5.6	46.8	3.7	43.9	3.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	36.6	4.1	53.6	5.5	44.7	3.6
8	35.5	5.0	61.3	6.4	48.0	5.1
Total	36.1	2.8	56.6	4.8	46.0	2.7

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 18a. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	29.9	4.0	66.3	4.1	47.2	3.7
Black†	33.3	6.4	50.3	6.4	41.9	5.0
Hispanic	—§	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	33.2	5.2	55.6	5.0	44.0	3.6
8	30.0	5.0	66.5	7.1	47.8	5.6
Total	31.7	4.0	60.5	5.0	45.7	3.1
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	57.0	4.4	79.9	3.5	67.9	3.4
Black	55.5	7.1	66.5	4.0	61.1	4.7
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	58.6	3.2	71.7	5.2	65.0	3.3
8	54.6	7.1	78.4	4.0	66.2	5.1
Total	56.8	3.9	74.5	3.3	65.4	2.9

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 19a. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Alabama, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for \geq 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	13.2	3.2	28.0	4.8	20.2	3.7
Black [†]	15.3	5.5	27.0	5.9	21.4	4.0
Hispanic	— [§]	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	16.9	4.8	29.7	6.2	23.1	3.7
8	10.8	3.1	25.9	4.5	18.1	3.0
Total	14.0	2.6	27.9	3.8	20.8	2.5
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[¶]						
Race/Ethnicity						
White	6.0	2.8	17.3	5.8	11.4	3.6
Black	6.6	3.7	3.9	2.2	5.2	1.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	6.9	3.7	9.3	2.9	8.0	2.3
8	5.8	3.5	15.4	5.9	10.5	3.4
Total	6.3	2.3	12.3	3.8	9.3	2.3
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	4.6	2.5	14.6	4.3	9.4	2.7
Black	7.7	4.3	10.7	5.5	9.4	3.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	6.8	2.9	12.4	4.6	9.6	2.6
8	5.0	3.4	14.0	5.3	9.4	3.0
Total	5.9	2.4	13.4	3.4	9.6	2.1

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[¶]Without a doctor's advice.